

Afghan Center's
Monthly Report
31, March 2005

International Women's Day

March, 8 2005



On the eighth of March the International Women's Day was celebrated at the Afghan Center, the celebration was held in all of our four locations: Karte Chaar, Chelsetoon, Taimani and Qasaba. Women of all ages, including beneficiaries and trainers attended the celebration.

The Afghan delivered greeting messages to the Afghan Center's administrative women and beneficiaries, and distributed packages of clothing for the beneficiaries. Other activities include:

- Poetry recitations
- Statements made by the Afghan Center's women on the significance of the day.
- Speeches by women on their needs and

aspiration for the future

- Speeches on the importance of education for girls and women.
- Reading of the Afghan Center' women peace appeals
 - Songs of Afghan Center's day care children
 - Speeches on the need of Afghan women for income generating implement and for better education and health services for themselves



and for their families.

- Role plays delivered by our leadership program students
- Gifts were distributed to the neediest women and a package of clothes was offered to all of them.



The celebration of the day gave the women an opportunity to be together and exchange views and express their concerns and aspirations.

March 15: Ending of Cooking Program

The Afghan Center's cooking program which was created for enhancing the Afghan women's ability in vocational training (cooking program), ended on March 31, 2005. About 30 female trainees were trained in cooking program for



three months in Karte Chaar area. The graduation of the beneficiaries followed by distribution of certificates for each of them. Each of the graduated women will be responsible for teaching other women in the Afghan Center by assisting our Chef Master trainer in the next session. Of course this program was very successful and *interesting* that included: different kinds of internal and foreign dishes and cookies. In this past

month they had some wonderful dishes. Below are some of them:

Kabob Degee: It is an Afghan food, which includes materials: meat, onion, fat, lemon water, black pepper and salt.

Salad Tan Mahee: It is made of canned fishes, eggs, potatoes, milk, green olives, olive oil, mayonnaise, lemon, pepper and salt.



Sambosa Dashi: This is an Afghan cookie, the necessary materials include: meat, flour, sugar, oil and onion

Educational programs:

By the end of March 31, the Afghan Center's health education program offered many basic maternal on child health, and provided other services such as creating healthy home environments and to pay more attention to their children. In Afghan society, it is the mothers who are largely responsible for the improvement of their children. The literacy and WoW programs are also very successful including new lessons and information.

Computer program:

The Afghan Center's computer objectives include improving the students to solve their computer problems and practice their computer knowledge in practical ways. The Afghan Center's computer classes help them much in this part. We started our computer program with Windows and now we are working on Excel and Word programs with the students.

Girls' Leadership Program:

Girls' Leadership program is always trying to dedicate and offer its training materials in a good and suitable manner for its students so they will be able to approach the meaningful stages of leadership.

Step by step lessons and experiences which access the students to knowledgeable scenes of life, and day by day they should get changes of abilities of their knowledge. All of these results can be gotten when our timetable is suitable fixed with experiences of experienced trainers. So we always enable our trainers to the methods of teaching and carrying out these experiences for their students and ensure the students that they will be able to improve and change their educational and abilities situation.

The other significant point which is standard for leadership program method is not only to teach the students and improve their intellectual steps, but more important than that is that they should put their knowledge in to practice and move their abilities to make them sure about different kinds of interpreting and getting their goals of learning.

The very main and important section in this program is the leadership subjects; this section is the only way of reaching our goals and purposes of being a leader in our society. In this section the trainers are working with students to encourage them and putting themselves in different steps of leadership stages. These stages include: title of leadership lessons, presentations, scientific trips, interviewing, taking, computer programs and English classes