

AFGHAN CENTER

Monthly Report

February 2005

General Activities

Carpet Weaving Program



Carpet Weaving Master Trainer

The Afghan Center's Vocational Training Program is pleased to announce the completion (Feb 2, 2005) of its third vocational training program in the Karte-Chaar center.

This term was the graduation of the Afghan Center's Carpet Weaving training students. The Afghan Center wishes to further assist the students in carpets weaving program. Already they have been trained in our micro-business program.

The goal of our carpet-weaving program was to train women to learn carpet-weaving skills which will allow them to be economically self-sufficient and allow them to play a role in preserving the beautiful carpet-weaving art of Afghanistan.



Our cooking program is enormously successful. The trainees are coming with much interest; we hope that we will have experienced trainers from within our student body in the near future. They have learned the tricks and techniques of shaping and baking different foods and cakes. The classes run twice per week. Listed below are complete descriptions of our current schedule and curriculum:

Chocolate Cake

February, 3

9:30-12:30 am & 1:30-3:30 pm

Chocolate cake is a delicious cake enjoyed by many people around the world. It contains: flour, sugar, eggs, coffee, yogurt, baking powder, walnuts, milk and vanilla.



Russian Cake

February, 7

9:30-12:30 am & 1:30-3:30 pm

It is a kind of cake, which is not common in Afghanistan, but as people are interested learning and trying new foods, our students want to bake these cookies. Necessary materials for baking Russian cake include: rice flour, sugar, baking powder, almonds, milk, eggs and butter.



Carrot Cake

February, 10

9:30-12:30 am & 1:30-3:30 pm

A wonderful cake with beautiful color with carrot peels. It is simple to make and contains: flour, sugar, eggs, yogurt, carrot and baking powder.

Stuffed Sweet pepper

February, 14

9:30-12:30 am & 1:30-3:30 pm

This kind of food is common in many countries including Afghanistan. This favorite dish can be found in famous hotels in the world. It contains: meat, sweet pepper, onion, caraway seeds and tomato paste



Ayee Khanum

February, 17

9:30-12:30 am & 1:30-3:30 pm

Ayee Khanum is a Turkish dish. It is delicious, spicy and a favorite dish. Although the Afghan people are not familiar with this dish, it will be worth introducing. It contains: meats, flour, peas, matar, potatoes, carrot, tomatoes, onions and some other vegetables.

Mayonnaise Salad

February, 21

9:30-12:30 am & 1:30-3:30 pm

Who would guess that such a delicious dish could come from these funny-looking vegetables? But it was really amazing; it was made of simple ingredients: tomatoes, potatoes, carrots, matar, sausages, coriander, mayonnaise, onions, karam and pepper.

Kebab Naichaiee

February, 24

9:30-12:30 am & 1:30-3:30 pm

It is a popular and tasty kebab in Afghanistan and some other countries, which can be cooked in cooker and also in oven. The necessary materials for making this kind of kabob include; sticks made of pomegranate tree brunches, meat, tomatoes, onions, black pepper.

Educational Programs

Health:

Afghan Center trainees are grateful to the health educators who administer this important health training, which continues to be quite helpful. They learned the right method of delivering a child. Many women in Afghanistan continue to die because of problems arising during delivery, and they are unable to help each other due to a lack of education. Now, due to the Afghan Center's health program, they have learned that they can survive and take care of themselves and their children.

Literacy:

Our beneficiaries in the literacy program continue to complete their lessons to a high standard. Women are increasing their talents through this literacy program. Curriculum for the month of February included: economical importance of mountains, economical importance of rivers, benefits of jungles and new vocabulary was also included.

Warm Donated Clothing



February was a very cold month with much snow. Some people died due to the extreme cold. The Afghan Center's warm clothing (sweaters, scarves, socks, mittens) etc.



has been distributed to the trainees. These clothes were the remaining items received from the United States in 2004.



Afghan Center's Administrative and Training Staff